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favorable conditions for growth

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## Client's Rights and Responsibilities

## Client's Rights

You have the right to:

- be treated with dignity and respect
- fair treatment regardless of race, religion, gender, ethnicity, sexuality, age, disability or source payment
- privacy and confidentiality (see Practice Information)
- timely care
- know about treatment choices
- participate in developing a plan of care
- a clear explanation of your condition and treatment options
- ask your insurance company for information about your insurance/managed care company, their role in your treatment and guidelines they subscribe to
- ask about my work history, training and thinking about my work with you
- know about community resources and services
- freely file a complaint or appeal (see Disclosure Information)

## Client's Responsibilities

You have the responsibility to:

- be respectful of the space and others in the practice
- supply information that is needed to deliver the best care
- ask questions about our work and the help I am providing
- actively engage in your own process of growth and development
- come to sessions prepared to think and work on the issues in your life
- tell me about any updates or changes in your medication or health
- provide me with updates or changes in your insurance, address and contact information
- keep your appointments and to give me at least 24 hours notice if you need to change or cancel
- give me direct feedback about how I am doing in our work together

My signature below shows that I have been informed of my rights and responsibilities and that I understand this information.		
Client Signature	Date	
This signature below shows that I have explained the this form.	his statement to the client. I have offered the client a copy of	5
Provider Signature	Date 12.1.1	11